



**12<sup>th</sup> PLOVDIV CUP AEROBICS OPEN**  
**Plovdiv (BUL)**  
**International Competition ND & AG1**  
**28<sup>th</sup> – 29<sup>th</sup> of August 2021**



**DIRECTIVES**

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Bulgaria together with Aerobic Union Bulgaria and Sports Club “Aerobics-AMD” has the pleasure to invite your Federation to participate in the **12<sup>th</sup> Plovdiv Cup Aerobics Open 2021** - an International Event.

<b>DISCIPLINE</b>	<b>Aerobic Gymnastics</b>
<b>HOST FEDERATION</b>	Bulgarian Gymnastics Federation 75, Vasil Levski Bld. Sofia – 1040, Bulgaria Tel.: +359 2 9300663 e-mail: <a href="mailto:bulgym@abv.bg">bulgym@abv.bg</a>
<b>ORGANIZING COMMITTEE</b>	Aerobic Union Bulgaria Contact person: Dimitrina Kandeveva Tel.: +359 887 607 909 e-mail: <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Sports club “Aerobics – AMD” Contact persons: Valentina Angelova 117, 6 <sup>th</sup> Septemvri Blvd. Plovdiv - 4002, Bulgaria Tel.:+359 887 410 590 e-mail: <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> web site: <a href="http://www.plovdivcup.com">http://www.plovdivcup.com</a>
<b>LOCATION</b>	<b>Plovdiv, BULGARIA</b>
<b>DATE</b>	From <b>26<sup>th</sup> to 30<sup>th</sup> of August, 2021</b>
<b>VENUE</b>	<b>INTERNATIONAL FAIR PLOVDIV – Pavilion 6</b> 37, Tzar Boris III – Obединител BLVD 4003, Plovdiv, BULGARIA  The Plovdiv International Fair is a famous place, major international intellectual, business and investment center. It is one of the largest exhibition venues in Southeast Europe. The exhibition complex consists of 17 multifunctional pavilions.  More info for the Plovdiv International Fair @: <a href="http://www.fair.bg/en/fair/">http://www.fair.bg/en/fair/</a>

<b>APPARATUS SUPPLIER</b>	<p>Training Hall and Competition Hall will be equipped with original GYMNOVA aerobic gymnastics floors.</p> <p>The Competition Hall will be equipped with Gymnova floor – FIG ID N: 158</p>						
<b>RULES AND REGULATIONS</b>	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> <li>• Statutes</li> <li>• Code of Ethics</li> <li>• Code of Conduct</li> <li>• Technical Regulations</li> <li>• Code of Discipline</li> <li>• Code of Points and relevant Newsletters</li> <li>• General Judges' Rules</li> <li>• Specific Judges' Rules</li> <li>• Anti-Doping Rules</li> <li>• FIG Framework for Safeguarding Athletes and other Participants from Harassment and abuse in Sport during Events</li> <li>• FIG Medical Guidelines for FIG Competitions and Events</li> <li>• Media Rules</li> <li>• Apparatus Norms</li> <li>• Advertising and Publicity Rules</li> <li>• Regulations for Award Ceremonies</li> <li>• Accreditation Rules</li> </ul> <p><i>and subsequent decisions of the FIG Executive Committee</i></p>						
<b>FEDERATIONS INVITED</b>	<p>The Organizing Member Federation invites all FIG member Federations (Sports clubs members to the respective Federation) in good standing.</p>						
<b>AGE LIMITS</b>	<p><b>Age Group 1: 12-14 years (born 2007 - 2009)</b></p> <p><b>National Development: 9-11 years (born 2010 - 2012)</b></p>						
<b>JUDGES AND JURIES</b>	<p>Each Nation should register at least one judge with a valid FIG Brevet for the current cycle. Failure to do so may result in a fine to be paid to the Local Organizing Committee in order that the LOC invites neutral judge/s.</p> <p><b>All judges must have a current valid category (XIV cycle, 1, 2, 3, 4)</b></p> <p>The number of Judge's panels will be decided depending on the number of participating competitors and judges.</p> <p>The Juries will be set by a draw from the judges present at the event. The priority will be given to the judges of the highest category.</p>						
<b>REGISTRATION DEADLINES</b>	<p>The Definitive and Nominative Registration Forms should be sent by the respective Federation to the OC and LOC within the deadlines mentioned below. All forms must bear the official seal and signature of the respective Federation and are accepted only if accompanied by the necessary payments.</p> <table border="1" data-bbox="456 1809 1433 1946"> <tr> <td data-bbox="456 1809 775 1877"><b>Definitive registration:</b></td> <td data-bbox="775 1809 1129 1877"><b>23<sup>rd</sup> of June 2021</b></td> <td data-bbox="1129 1809 1433 1877"><b>2 months prior the event</b></td> </tr> <tr> <td data-bbox="456 1877 775 1946"><b>Nominative registration:</b></td> <td data-bbox="775 1877 1129 1946"><b>28<sup>th</sup> of July 2021</b></td> <td data-bbox="1129 1877 1433 1946"><b>1 month prior the event</b></td> </tr> </table>	<b>Definitive registration:</b>	<b>23<sup>rd</sup> of June 2021</b>	<b>2 months prior the event</b>	<b>Nominative registration:</b>	<b>28<sup>th</sup> of July 2021</b>	<b>1 month prior the event</b>
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<b>Nominative registration:</b>	<b>28<sup>th</sup> of July 2021</b>	<b>1 month prior the event</b>					
<b>ENTRY FEES</b>	<p>Entry fees applies for each Age Group but are different for those accommodated via the LOC and those accommodated by themselves.</p>						

Category	Entry Fee – accommodated via LOC	Entry fee – not accommodated via LOC
Individual Women	25 Euro	55 Euro
Individual Men	25 Euro	55 Euro
Mixed Pairs	40 Euro	100 Euro
Trios	50 Euro	135 Euro
Groups	60 Euro	200 Euro
Aero Dance – only in AG1	60 Euro	200 Euro

100% of the Entry fee must be paid to the LOC not later than **23<sup>rd</sup> of June 2021**. **The entry fee is calculated based on the number of units in the Definitive registration. In case of cancelations after the Definitive entry deadline there is no reimbursement.**

**If due to government restrictions in regard with COVID-19 for exiting and entering the country on the side of the respective Federation and/or the organizing Federation (Bulgaria) the entry fee will be fully reimbursed to the concerned Federation not later than two weeks after the event. Bank fees in regard with this transfer are at the charge of the respective participating Federation.**

#### ACCREDITATION

Detailed information about the accreditation procedure will be given with the Work Plan that will be distributed to all participating Federations not later than 16<sup>th</sup> of August 2021.

In addition, the LOC will distribute information regarding the gymnasts' safeguarding plan.

#### SIZE OF DELEGATION

The number of units per category and nation in each Age Group for the Qualifications is limited as follows, except for the Organizing Federation. There is no limitation on the number of units for the Qualifications for the Organizing Federation.

The maximum number of units and officials is as follows:

Officials	Age Group 12-14	ND 9-11
Individual Women	6	6
Individual Men	6	6
Mixed Pairs	8	8
Trios	8	8
Groups	8	8
Aero Dance	6	-
Head of Delegation	1	
Coaches	2	2
Judges	Minimum 1	
Doctor and Therapists	1	

Each federation **must send at least 1 judge with a valid FIG Brevet.**

#### EVENT FORMAT

The competition consists of Qualifications and Finals in both Age Groups and all categories. In case that there are less than 9 participants per category in the Qualifications, no Qualification is necessary.

#### **QUALIFICATIONS**

The participation in Qualifications is limited to **the units mentioned in the paragraph "Size of delegation"** except for the Organizing Federation. There is no limitation on the number of units for the Organizing Federation.

	<p><b><u>FINALS</u></b></p> <p>The top 8 (eight) competitors from the Qualifications in each Age Group (AG1 and ND) and Category (IW, IM, MP, TR, GR, AD – only for AG1) will take part in the Finals (maximum two per Category and Nation). In addition, if the organizing Federation has not qualified competitors in any category in an Age Group, it may nominate one participation in max.1 category in this/these Age Group/s of its choice.</p>
<p><b>PROVISIONAL SCHEDULE</b></p>	<p><b>26<sup>th</sup> of August 2021 (Thursday)</b> – Arrival and accreditation  <b>27<sup>th</sup> of August 2021 (Friday)</b> – Trainings, Orientation meeting, Judges meeting and instructions  <b>28<sup>th</sup> of August 2021 (Saturday)</b> – Qualifications  <b>29<sup>th</sup> of August 2021 (Sunday)</b> – Finals  <b>30<sup>th</sup> of August 2021 (Monday)</b> – Departure</p> <p><b><i>There might be some changes in the Provisional Schedule depending on the total number of entries (for example: Qualifications in some categories and age groups might also be done on Friday and then some Finals might be carried out on Saturday).</i></b></p> <p>The Detailed Program will be prepared and distributed to all participating Federations with the Work Plan not later than 16<sup>th</sup> of August 2021.</p>
<p><b>EVENT MANAGER</b></p>	<p><b>Mrs.Valentina Angelova</b></p> <p>Sports Club “Aerobics – AMD”  117, 6<sup>th</sup> Septemvri Blvd.  Plovdiv – 4002, Bulgaria  Tel.: +359 887 410 590  e-mail: <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a></p>
<p><b>MEDICAL SERVICES</b></p>	<p>During all days – trainings and competition official medical persons who will be in the training and competition halls will be provided by the LOC.</p>
<p><b>COVID 19</b></p>	<p>Besides the medical guidelines for the particular event, FIG and OC also requires all the participants to follow the standard precautions.</p> <p>The FIG and OC requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete’s performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout.</p> <p>Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 metres whenever possible.</p> <p>Additional information concerning the safety and the requirements for entering the hosting country will be given in the Workplan, during accreditation as well as the orientation meeting.</p>
<p><b>VISA</b></p>	<p>Please verify immediately with your travel agent or the <b>Bulgarian Embassy</b> or Consulate in your country if a visa is required for your travel to <b>Bulgaria</b>. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before <b>23<sup>rd</sup> of June 2021</b> to the e-mail of the OC – <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a></p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and</p>

	<p>departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge. Information about the cost of the insurance will be given with the Work Plan.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating Federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC@ <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a> by <b>28<sup>th</sup> of July 2021</b>. If persons from one delegation/Federation are arriving and departing with different flights, please fill in separate travel forms for each group of persons and indicate on the travel form the exact number of persons.</p> <p><b>Due to the current situation, the Organizing Committee strongly recommend that each Federation makes an insurance for the airplane, train, etc. tickets. The Organizing Committee cannot reimburse any international travel costs if there are cancelations.</b></p>
<b>LOCAL TRANSPORTATION</b>	<p><b><u>Arrival and departure - Sofia:</u></b> The LOC may provide transportation to all delegation members, <b>who have booked their accommodation through the LOC</b>, from and to Sofia airport, Sofia railway or Sofia central bus station to their hotel in Plovdiv and back on the official arrival (<b>26<sup>th</sup> of August 2021</b>) and departure days (<b>30<sup>th</sup> of August 2021</b>). This transportation costs <b>36 Euro</b> per person both ways. This transportation should be requested with the official Travel form and should be paid to the LOC <b>not later than 28<sup>th</sup> of July 2021</b>. The transportation costs cannot be reimbursed.</p> <p><b>If due to government restrictions in regard with COVID-19 for exiting and entering the country on the side of the respective Federation and/or the organizing Federation (Bulgaria), the local transportation costs will be fully reimbursed to the concerned Federation not later than two weeks after the event. Bank fees in regard with this transfer are at the charge of the respective participating Federation.</b></p> <p><b><u>Arrival and departure - Plovdiv:</u></b> The LOC may provide transportation to all delegation members, <b>who have booked their accommodation through the LOC</b>, from and to Plovdiv airport, Plovdiv railway or Plovdiv central bus station to their hotel and back on the official arrival (<b>26<sup>th</sup> of August 2021</b>) and departure days (<b>30<sup>th</sup> of August 2021</b>). This transportation is free of charge.</p> <p>For those delegations or member of delegations that do not arrive or depart on the official days, upon request, the LOC may arrange additional transportation. The cost for it depends on the number of people, the date and time. Please, send your request to the LOC not later than <b>28<sup>th</sup> of July 2021</b> in order to be able to arrange transportation and inform you about the price.</p>
<b>ACCOMMODATION</b>	<p><b>Hotel “Sankt Petersburg” ****</b></p> <p>4003 Plovdiv, Bulgaria  97, Bulgaria Blvd.  Tel.: +359 32 91 03  Fax.: + 359 32 951 830</p> <p>web page: <a href="http://www.sphotel.net">http://www.sphotel.net</a></p>

	<p>The costs <b>per person/ per night including breakfast</b> are as follows:  55 Euro (single room)  40 Euro (double/ triple room)</p> <p>The “Sankt Petersburg” Hotel is 4 stars. It is situated 2 km distance from the competition venue /15 min walking/. There will be a free shuttle between Hotel “Sankt Petersburg” and Competition Venue.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Provisional Accommodation Form must be returned to the LOC by <b>23<sup>rd</sup> of June 2021</b> at the very latest, the Hotel rooms will be allocated on a <b>“first come, first serve”</b> basis.</p> <p><b>The invited participating Federations must pay for the accommodation expenses of their delegation members.</b></p> <p>The Provisional accommodation form must be returned to the LOC not later than <b>23<sup>rd</sup> of June 2021</b>.</p> <p>100% of the costs for accommodation must be paid to the LOC not later than <b>28<sup>th</sup> of July 2021</b> and accompanied by the official <b>Detailed Accommodation Form</b>.</p> <p>Reservations will only be confirmed if the necessary payments are made!</p> <p><b>If due to government restrictions in regard with COVID-19 for exiting and entering the country on the side of the respective Federation and/or the organizing Federation (Bulgaria) the accommodation costs paid to the LOC will be fully reimbursed to the concerned Federation not later than two weeks after the event. Bank fees in regard with this transfer are at the charge of the respective participating Federation.</b></p>														
<b>MEALS</b>	<p>There is a possibility to order lunch and dinner only for those accommodated via the LOC. The price is 16 euro per meal. All meals are served in the Hotel.</p> <p>For those who would like to reserve meals, please use the official meals form. The Meals form should be sent to the LOC not later than <b>28<sup>th</sup> of July 2021</b>.</p> <p>100% payment of the Meals must be paid to the LOC not later than <b>28<sup>th</sup> of July 2021</b> and cannot be reimbursed.</p> <p><b>If due to government restrictions in regard with COVID-19 for exiting and entering the country on the side of the respective Federation and/or the organizing Federation (Bulgaria) the Meals costs paid to the LOC will be fully reimbursed to the concerned Federation not later than two weeks after the event. Bank fees in regard with this transfer are at the charge of the respective participating Federation.</b></p>														
<b>FINAL BANQUET</b>	<p>If possible the LOC will organize a Final banquet on <b>29<sup>th</sup> of August 2021</b> – Sunday. It will take place in the evening, after the Finals. An information will be given additionally.</p>														
<b>BANK ACCOUNT INFORMATION</b>	<p>Payments of the entry fee, accommodation, meals and local transportation – if requested must be made by the respective deadlines by bank transfer to <b>VK Maks OOD</b>:</p> <table border="1" data-bbox="456 1756 1430 2069"> <tr> <td><b>Beneficiary:</b></td> <td><b>VK MAKS OOD</b></td> </tr> <tr> <td><b>Beneficiary address:</b></td> <td>34, Brezovska Str.;floor 3, office 6; Plovdiv 4003</td> </tr> <tr> <td><b>Bank name:</b></td> <td>D BANK</td> </tr> <tr> <td><b>Bank address:</b></td> <td>3, Dunav Str.; Plovdiv 4000</td> </tr> <tr> <td><b>Branch</b></td> <td>Office Royal city</td> </tr> <tr> <td><b>IBAN:</b></td> <td>BG57 DEMI 9240 1000 1970 87</td> </tr> <tr> <td><b>BIC:</b></td> <td>DEMIBGSF</td> </tr> </table>	<b>Beneficiary:</b>	<b>VK MAKS OOD</b>	<b>Beneficiary address:</b>	34, Brezovska Str.;floor 3, office 6; Plovdiv 4003	<b>Bank name:</b>	D BANK	<b>Bank address:</b>	3, Dunav Str.; Plovdiv 4000	<b>Branch</b>	Office Royal city	<b>IBAN:</b>	BG57 DEMI 9240 1000 1970 87	<b>BIC:</b>	DEMIBGSF
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	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: <b>Plovdiv Cup 2021</b>.</p> <p><b>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</b></p>																										
<b>MARKETING</b>	FIG advertising and publicity norms must be respected.																										
<b>SOCIAL MEDIA</b>	Facebook page: <a href="https://www.facebook.com/plovdivcup">https://www.facebook.com/plovdivcup</a>																										
<b>DEADLINES SUMMARY</b>	<p>The forms should be sent to the OC and LOC within the respective deadlines @:</p> <p><b>The OC – Aerobic Union Bulgaria – <a href="mailto:aerobicub@gmail.com">aerobicub@gmail.com</a></b></p> <p><b>The LOC – SC "Aerobics-AMD"- <a href="mailto:aerobic-amd@abv.bg">aerobic-amd@abv.bg</a></b></p> <p>The payments should be done by transfers to the bank account of the LOC provided above within the respective deadlines.</p> <table border="1"> <thead> <tr> <th><b>FORMS:</b></th> <th><b>Deadline:</b></th> </tr> </thead> <tbody> <tr> <td>Definitive Registration</td> <td><b>23<sup>rd</sup> of June 2021</b></td> </tr> <tr> <td>Nominative Registration</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <td>Provisional Accommodation Form</td> <td><b>23<sup>rd</sup> of June 2021</b></td> </tr> <tr> <td>Detailed Accommodation Form</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <td>Travel Schedule Form</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <td>Visa Request Form</td> <td><b>23<sup>rd</sup> of June 2021</b></td> </tr> <tr> <td>Meals Form</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <th><b>PAYMENTS:</b></th> <th><b>Deadline:</b></th> </tr> <tr> <td>Payment of the Entry Fee</td> <td><b>23<sup>rd</sup> of June 2021</b></td> </tr> <tr> <td>Payment of the Accommodation Costs – 100%</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <td>Payment of the local transportation</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> <tr> <td>Payment of the Meals</td> <td><b>28<sup>th</sup> of July 2021</b></td> </tr> </tbody> </table>	<b>FORMS:</b>	<b>Deadline:</b>	Definitive Registration	<b>23<sup>rd</sup> of June 2021</b>	Nominative Registration	<b>28<sup>th</sup> of July 2021</b>	Provisional Accommodation Form	<b>23<sup>rd</sup> of June 2021</b>	Detailed Accommodation Form	<b>28<sup>th</sup> of July 2021</b>	Travel Schedule Form	<b>28<sup>th</sup> of July 2021</b>	Visa Request Form	<b>23<sup>rd</sup> of June 2021</b>	Meals Form	<b>28<sup>th</sup> of July 2021</b>	<b>PAYMENTS:</b>	<b>Deadline:</b>	Payment of the Entry Fee	<b>23<sup>rd</sup> of June 2021</b>	Payment of the Accommodation Costs – 100%	<b>28<sup>th</sup> of July 2021</b>	Payment of the local transportation	<b>28<sup>th</sup> of July 2021</b>	Payment of the Meals	<b>28<sup>th</sup> of July 2021</b>
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<b>ADDITIONAL INFORMATION</b>	<p>More information will be given with the Work Plan which will be distributed to all registered federations not later than 16<sup>th</sup> of August 2021.</p> <p>The Draw for the starting order for Qualifications and Finals will be done in advance by the Technical Committee of Aerobic Union Bulgaria and will be distributed to all Nations.</p>																										

If you have any questions, please do not hesitate to contact us.

Looking forward to Welcome you to the **12<sup>th</sup> Plovdiv Cup Aerobics Open 2021**.

Sincerely Yours,

Sofia,

29<sup>th</sup> of March 2021



Signature of the President of the BFG